



New!

FlexForward

SCHEDULELING

Quality homecare
when you need it most.

FlexForward is a unique scheduling feature available through Sheltering Arms Home Healthcare. It offers, convenient home visit times and takes into account your home, family, illness, dietary, and lifestyle needs.

Some patients and their families need more help in the beginning stages as they are adjusting to life at home after an illness or injury.

For this reason, Sheltering Arms Home Healthcare, LLC offers FlexForward Scheduling.

FlexForward allows you the opportunity to have certified home healthcare staff in your home for more visits in the critical first days and weeks, and less as time goes on as indicated.

FlexForward is another way Sheltering Arms helps patients find *the Power to Overcome*.

HOME CARE SERVICES OFFERED

Physical Therapy

- Evaluation
- Gait/Transfer Training
- Stair Practice
- Strengthening
- Fall Prevention
- Prosthetic Training
- Therapeutic Exercises
- Balance Re-Education
- Ultra-sound
- E-stim
- Vestibular Balance Training

Skilled Nursing

- Wound Care
- Ostomy Care & Teaching
- Medication Management
- Diabetic Monitoring & Teaching
- Venipuncture for Ordered Lab Work
- Warfarin Monitoring by PT/INR
- Injections: B12, Procrit, Insulin, Lovenox
- I.V. Therapy & Management
- Enteral Feedings
- Catheter Care & Maintenance
- Blood Pressure Monitoring
- Care for MS Patients
- Respiratory Teaching & Monitoring (CHF, Asthma, COPD)
- Neurological Teaching & Monitoring (Neuropathy/ Parkinson's)

Speech Therapy

- Evaluation
- Neuromuscular Rehab
- Swallowing Training
- Voice Disorder Treatment
- Modalities to Promote Independent Communication

Occupational Therapy

- Evaluation
- Sensory Training
- Home Safety Evaluations
- Guidance in the Selection and Use of Adaptive Equipment
- Training in Activities of Daily Living to Enhance Independence
- Strengthening
- Design, Fabrication and Application of Splints

Medical Social Worker

- Social & Emotional Counseling
- Locates Financial/Community Resources

Medicare, Medicaid, & Insurance

These services may be covered by Medicare, Medicaid and/or Insurance Companies. Our staff will evaluate your insurance coverage and bill the appropriate insurance provider.

Certified Nursing Assistant

- Assists with Personal Care (Bathing & Dressing)



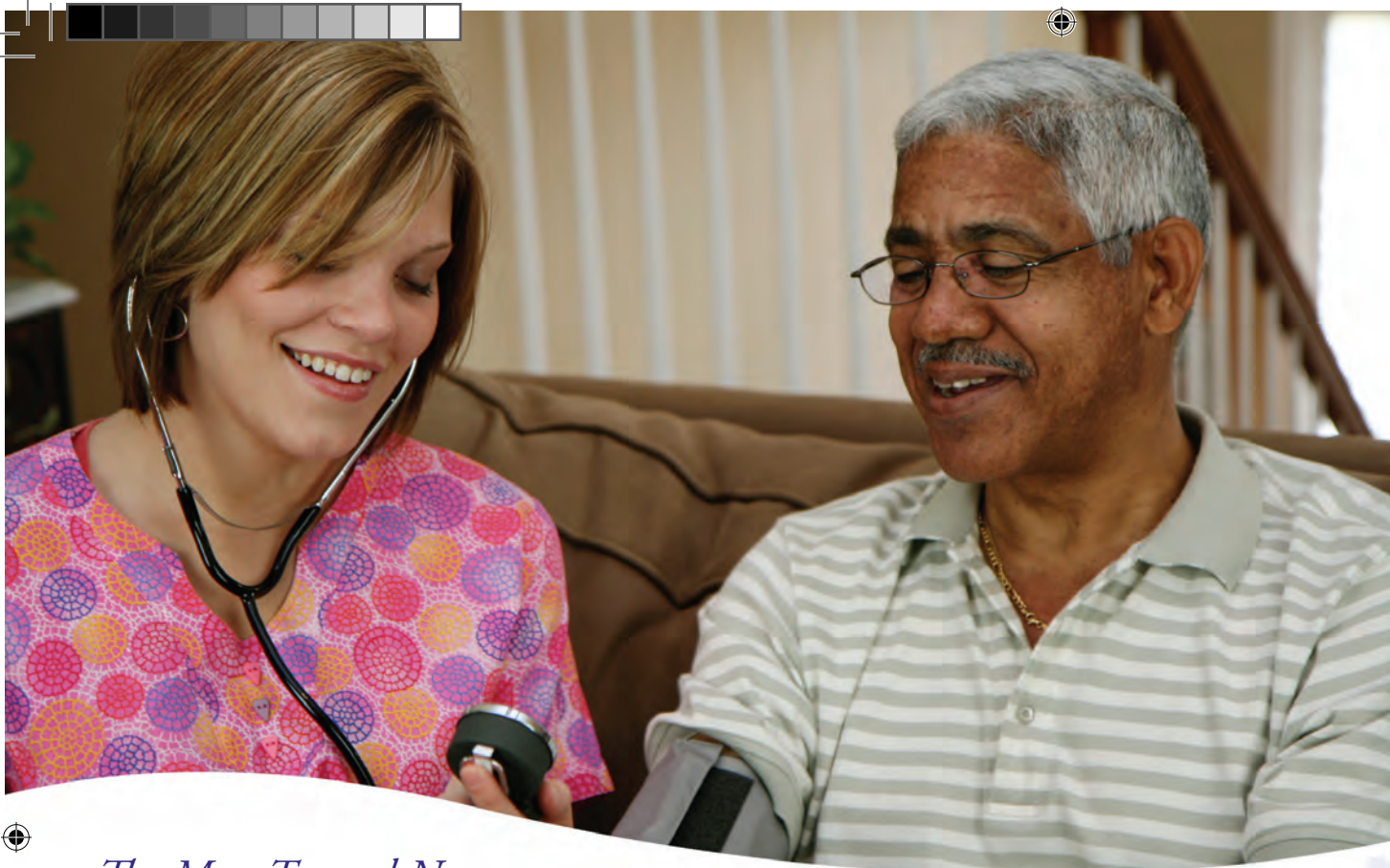
HOME HEALTHCARE



Contact Information
804.249.4611
www.shelteringarmshomehealth.com

804.249.4611





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*Sheltering Arms Home
Healthcare has been a
wonderful experience.
It was amazing being
able to accomplish so
much at home.*

- Mrs. Olga Aguirre

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*The Most Trusted Name
in Physical Rehabilitation in Central Virginia is Now Right In Your Home*

Sheltering Arms has provided healthcare in Central Virginia for over 120 years. Now, this trusted expertise and high-quality care is now available in your home. It is our life's work to tap into the power that transforms despair into hope and helps patients to overcome setbacks from illness and injury. Sheltering Arms Home Healthcare, LLC continues our commitment to building a complete continuum of rehabilitative care for our patients.

Our home health services are ordered and directed by your personal physician. You

can rest assured that you and your loved one will receive respect, compassionate care and advanced rehabilitative services which Sheltering Arms delivers in all settings.

We work closely with all healthcare providers to insure a smooth transition between services. Whether you are already a patient of Sheltering Arms Physical Rehabilitation Center or a patient with another home healthcare provider, you can expect to see seamless integration with the continuum of care. We respect your right to choose your healthcare provider. No matter what

your family needs are, we will be able to assist in coordinating the care you need from the comfort of your own home.

Sheltering Arms Home Healthcare helps you find the **Power to Overcome.**



No patient will be excluded from services by Sheltering Arms Home Healthcare, LLC, due to sex, age, race, color, ancestry, national origin or handicap.