

1

Date: _____

Patient Name (printed): _____

Patient Phone: _____

Diagnosis (specify location/laterality): _____

Evaluate and Treat

Specific Orders: _____

Physician Signature _____

Physician Printed Name _____

Physician Phone _____



PHYSICAL REHABILITATION CENTERS

For outpatient referrals and appointments:

Phone (804) 764-1001
Toll-Free 1-877-56-REHAB
Fax (804) 764-5710

Visit www.ShelteringArms.com for
more information and driving directions.

Please select prescribed service(s) and condition(s).

2

Medical/Therapy Services

- Physical Therapy
- Occupational Therapy
- Speech/Swallowing Therapy
- Psychology Services
- Physician Services *
- Injections (type) _____
- EMG Study
- Sports Medicine
- Other _____

3

Community Services

- Enhancing Overall Health:
- Fitness
 - Recreation
 - Wellness Classes
 - NeuroFit

4

Conditions Treated

Orthopaedic Conditions

- Arthritis
- Back Pain (acute/chronic)
- Carpal Tunnel Syndrome
- Fibromyalgia
- Joint Condition (any)
- Myofascial Pain
- Neck Pain (acute/chronic)
- Pediatric Orthopaedic Condition
- Pregnancy-Related Pain
- Sports Injury
- TMJ (Temporomandibular Joint Disorder)
- Work Injury

Neurological Conditions

- Balance/Vestibular Issue
- Brain Injury
- Concussion
- Multiple Sclerosis
- Muscular Dystrophy
- Parkinson's Disease
- Post-Polio Syndrome
- Spinal Cord Injury
- Stroke

Other (Please Specify Below)

Evaluations & Specialty Services

- Amputee Clinic
- Aquatic Therapy
- Developmental Disability
- Dry Needling
- Functional Capacity Evaluation / Impairment Rating
- Hand Therapy
- iREACH (upper extremity)
- iWALK (lower extremity)
- Low Vision
- Lymphedema
- Pelvic Floor Dysfunction
- Urinary/Fecal Incontinence
- Wheelchair Evaluation

We treat nearly every orthopaedic and neurologic condition.

* Physician Services provided by: Sheltering Arms Physical Rehabilitation Associates, LLC



OUTPATIENT LOCATIONS

Hanover Neuro Center
iWALK & iREACH Recovery Centers
 8254 Atlee Road
 Mechanicsville, VA 23116
PT_HanoverNeuro@shelteringarms.com

South Neuro Center (Suite 400)
iWALK & iREACH Recovery Centers (Suite 400)
South Physicians Services (Suite 300)
 13700 St. Francis Boulevard
 Midlothian, VA 23114
PT_SouthNeuro@shelteringarms.com

Hull Street Center
 13530 Hull Street Road
 Midlothian, VA 23114
PT_Hull@shelteringarms.com

Hanover Rehabilitation Center
(Memorial Regional Medical Center's Medical Office Building I)
 8226 Meadowbridge Road
 Mechanicsville, VA 23116
PT_HanoverOPPT@shelteringarms.com

PT Works | West End Center
 2296 John Rolfe Parkway
 Richmond, Virginia 23233
info@PTWorksLLC.com

Chester Center
 12220 Iron Bridge Road , Suite C
 Chester, VA 23831
PT_Chester@shelteringarms.com

Bon Air Center
 206 Twinridge Lane
 Richmond, VA 23235
PT_BonAir@shelteringarms.com

Reynolds Center
 6627 W. Broad Street, Suite 100
 Richmond, VA 23230
PT_Reynolds@shelteringarms.com

Laburnum Center
 4730 S. Laburnum Avenue
 Richmond, VA 23231
PT_Laburnum@shelteringarms.com

Midtown - Club Rec Program
 2805 W. Broad Street
 Richmond, VA 23230

Psychology and Physician Clinics Available at:
 Hanover, Midlothian, Reynolds and Bon Air