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18th Annual Sheltering Arms Golf Tourney to Raise Money for Therapy Aid for Challenged Golfers

(Richmond, Va.) – The benefits of golf for the physically challenged are too numerous to count, and Central Virginia's premier physical therapy healthcare provider is bringing the sport to more individuals who are working to overcome disability. On October 17, 2010, Sheltering Arms will hold its 18th annual *Different Strokes Golf Extravaganza* to raise money for the purchase of an innovative new tool for its Adaptive Golf Program.

The Sheltering Arms Adaptive Golf Program has a goal of educating the community, golf professionals, and individuals with disabilities about the benefits of golf as a leisure activity. All proceeds from this year's *Different Strokes Golf Extravaganza*, held at the Windy Hill Golf and Sports Complex, will be used toward purchasing a Paragolfer® for use by those involved in the program. The Paragolfer® is a unique mobility aid that not only gives disabled golfers an easy way to get around the course, it also brings them to a standing position to strike the ball.



“Golf is a fun and healthy activity that promotes increased flexibility, mobility in the joints, and higher metabolism,” said Alison Clarke, Director of Community Recreation Services for Sheltering Arms. “It's an outstanding sport for physically challenged individuals.”

The 2010 *Different Strokes Golf Extravaganza* will feature foursomes of three non-disabled golfers and one physically challenged golfer. Check-in for the nine-hole tournament starts at noon, with play beginning at 1 p.m. The event isn't just for golfers, though! Post event activities begin at 4:00 p.m. and include miniature golf, go kart rides, music, a raffle, BBQ dinner, and a demonstration of the Paragolfer® by pro golfer Anthony Netto (pictured above). Post tournament event tickets are \$25 for adults and \$15 for children. The entry fee for golfers is \$50 and includes post-tournament festivities. Full teams are accepted, or pairings can be made on the day of the event.

The registration deadline is October 13. For more information on the tournament please visit <http://www.shelteringarms.com/pdfs/golftourney-2010-brochure.pdf> or call (804) 764-5275. For more information on the Paragolfer®, please visit <http://www.stand-up-and-play.com/>.

About Sheltering Arms

Sheltering Arms helps patients find the Power to Overcome the obstacles of illness and injury with a complete range of physical rehabilitation and wellness services. To learn more about Sheltering Arms' two hospitals and nine outpatient clinics visit <http://www.ShelteringArms.com>, call 1-877-56-REHAB, or connect with Sheltering Arms on [Facebook](#) or [Twitter](#).

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